60 MINUTE PRAYER GUIDE: PRAYING FOR YOUR NATION

Spend an hour praying for your nation

You'll need: A national newspaper, scissors, glue or tape, a large map or drawing of your nation, post it notes.

PRAYING THROUGH THE NEWS

Using the newspaper, read through the articles and choose two things happening in your nation today. Take time to invite God's light and presence to move in these situations. Ask Jesus to move and for His Kingdom to Come and His will to be done.

PRAISE AND PETITION

In every nation there are things to thank God for, and things to ask for his help with. Using the newspaper, cut out words that describe good and bad t things about your nation. Stick them to a piece of paper, praising God for the good things that you read, and asking for his help with the bad.

PRAYING FOR YOUR NATION

Think about the role that government plays in our lives today. Lay the map of your nation on the floor and stand - or put your hand - on the place where your government meets. Pray that the kingdom of Jesus would be the foundation of law and leadership in your nation.

Take some time to pray specifically for your leaders; for God to guide your national leader in justice and wisdom.

Then, look at the different parts of your country on the map and consider the people who live in each region. Ask the Holy Spirit to move in your nation. Write specific prayers for different parts of your nation on the post it notes.

As you finish your time of prayer, you might like to take a post it note away with you. Write a prayer for your nation, or something God's said during this time. Stick it somewhere you'll see it and continue to pray for your nation this week.