60 MINUTE PRAYER GUIDE: PRAYING FOR OTHERS

Spend an hour praying for others around you
You'll need: Pen, Paper

Invite the Holy Spirit as you start to pray, and read Matthew 28:16-20

WHO ARE THE PEOPLE AROUND YOU?

Write your name on the middle of a piece of paper. Then, write the names of friends, family, neighbours or colleagues that don't know Jesus and link them to your name with arrows.

How would knowing God impact the lives of these people? Write or draw something by each name to represent the change.

SEEING JESUS IN OTHERS

We are all made in the image of God. Think about each person on your piece of paper, and write down the good qualities God has given them. Thank God for the unique way each person was made and created.

INVITE THE HOLY SPIRIT

Think about the way that you interact and engage with the people on your piece of paper. Then, pause and welcome the Holy Spirit into every part of your day to day life. Pray for each person individually - that they will see something of Jesus through your interactions with them each day.

BE INTENTIONAL

Read through your list of people once more, and as you do so, allow the Holy Spirit to draw you to a person or a few people that you can engage with this week. Write down any ideas of how you can bless them or share hope with them when you see them next.

Take your piece of paper with you when you leave as a reminder to keep praying daily for your friends and family.

60 MINUTE PRAYER GUIDE: PRAYING FOR YOUR AREA

Spend an hour praying for your village, town or city
You'll need: Pen, Paper, your imagination

Imagine that Jesus is physically present with you right now, and asks you to step outside and show him around your town or city...

Imagine yourself walking through your village, town or city. What do you notice about the streets and the people? Jesus wants to stop and speak to those that are often overlooked. Who do you introduce Jesus to?

Think of the people in your town or city that are often overlooked by others. Pray for these people now.

As you continue walking, you take Jesus to the places where people need healing – your local doctor's surgery, hospital or clinic. Who would Jesus visit here? What would He do?

Think of the people in your town or city who need healing – emotional or physical. Pray for these people now.

You walk with Jesus to the places where people serve others in your town or city; to the local schools, local law enforcement, oppressed and imprisoned. Where does Jesus interact? How does He encourage them?

Think of the people in your town or city who work for others. Pray for these people now.

After walking around your town, you introduce Jesus to your friends and family; those you live, work, and socialise with. What do you and your friends talk about with Jesus? How do your family interact with Him?

Think of your friends and family – those who know Jesus and those who don't. Pray for these people now.

As you end your walk with Jesus, He asks you what you're passionate about in your town or city and the role you play. What is your response?

Think about the gifts and skills God has given you. Ask God how you can use your unique character and nature to serve and transform your village, town or city.